

TONGARIRO GEAR LIST

Here is a list of the gear you will need for your week at Hillary Outdoors Tongariro. You need to have this amount as a minimum all year round. What gear you don't have please try to borrow from friends and family. If you have your own gear it will be more comfortable and our supplies at Hillary Outdoors are limited.

If you are still unable to get everything listed below we can lend you (included in the cost) the items underlined in *red italics*. This will be limited to 1 of each item or pairs e.g. 1 fleece top, 1 fleece bottom, 1 pair of mitts etc. per person and not 2 fleece tops or 2 bottoms etc.

Essential Gear needed	✓
Wool or <u>fleece jersey</u> (2 needed)	
<u>Fleece bottoms</u> (1 pair needed especially in winter)	
<u>Waterproof rain coat</u> : Must have a hood	
<u>Waterproof overtrousers</u>	
Warm hat/beanie it must cover your ears or <u>Woolen Balaclava</u> Even for summer courses	
Warm Gloves or <u>Mitts</u> : Even for summer courses	
<u>Tramping Boots</u> and/or sturdy securely-fitting trainers	
<u>Lace-up short rubber gumboots</u> : if you have them - bring them	
<u>Large pack</u> : 65 litres+ to fit sleeping bag, clothes and extra gear for an overnight trip	
<u>Wetsuit</u> : Long john type or full length	
<u>Sleeping bag + liner</u> : Warmer the better especially in winter	
<u>Sunglasses</u> : + sun hat + sun-cream	
<u>Socks (4 pairs)</u> : Long and woollen or loop-stitch to wear with boots. Ankle socks are not suitable	

Essential Gear needed	✓
Old pants/trousers or overalls for caving (1 pair needed)	
Torch & batteries Head torches are best	
Underwear and toiletries	
Swimming outfit + old trainers + towel	
Quick drying board shorts and t-shirts for water activities + spares for those hot summer days	
Casual clothes and shoes/sneakers for evenings	
Drink bottle: 1 litre or more is best	
Bowl, mug - plastic or similar and cutlery - for use on overnight expedition	
Pack liner: Large plastic rubbish sacks x3 for sleeping bag and clothes	
Pen and note paper	
Pillow and pillow case	
First aid kit: With personal medications, plasters etc	
<u>Thermal top and pants (2 sets)</u> : 1 st layer clothing - wool, fleece or polyester /polypro	

Please Note: You must bring your own Socks and First Layer Thermal Wear (polypro) top and bottoms as they are not provided by the centre.

For further information about what type of activity gear to bring have a look at:

<http://www.hillaryoutdoors.co.nz/newsite/wp-content/uploads/2015/01/150127-Gear-for-Hillary-Outdoors-Tongariro-powerpoint-booklet.pdf>

Optional Gear you may also want to bring:		
Waterproof watch	Camera	Small day pack
Long gumboots - They must be close fitting and have a good grippy tread pattern		
Fruit plus some extra snacks for those 'hungry' moments		
You may want to bring a small amount of cash (\$5 - \$20), to spend if your group decides to visit the local hot pools, or catch a chairlift, or for our shop (EFTPOS available in the shop).		

- If you lose items or damage them through misuse you will be responsible for payment of replacement costs.
- **No cotton** clothing for most activities and never in winter.
- All clothing/gear will get wet and dirty.
- Label all your clothing and equipment. If you accidentally leave gear behind, contact us immediately and we will see if we can locate it.
- Participants' personal effects are NOT covered by our insurance policy. You should arrange your own.

Remember: Looking good is not a priority. Staying warm and dry is the goal.